

Oneida • Herkimer • Madison

BOCES

Nutrition Notes: March 2018

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NATIONAL SCHOOL BREAKFAST WEEK

MARCH 5-9, 2018

I SCHOOL BREAKFAST

Students who eat school breakfast are more likely to:

Reach higher levels of achievement in reading and math

Score higher on standardized tests

Have better concentration and memory

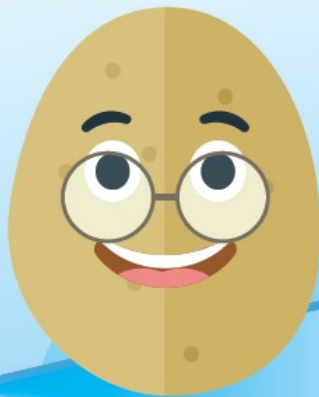
Be more alert

Maintain a healthy weight

THE SCHOOL BREAKFAST PROGRAM SERVES OVER
14 MILLION
CHILDREN EVERY SCHOOL DAY.

PARENTS!
Hectic mornings?
Your child has healthy breakfast options at school!

#NSBW18



MADE POSSIBLE BY:

