



National Nutrition Month

IT'S ALL ABOUT YOU! THE NEW FOOD PYRAMID DVD753
 IJ 12 minutes\color 2006
 Young teenage male and female hosts show middle school kids that good health choices keep their bodies and minds in top shape. They don't have to become victims of the obesity epidemic. The New Food Pyramid's emphasis on combining sound nutrition with adequate exercise is the focus of the program, encouraging viewers to develop a plan that best suits them. **NEW DIMENSIONS**

WHAT'S TO EAT! THE NEW FOOD PYRAMID DVD754
 KP 12 minutes\color 2006
 Based on the New Food Pyramid, this program helps primary age kids understand nutrition, obesity, and exercise. It features an interactive food game show. Each multiple choice question gives the young participants, and the viewers, time to say their answers before the right answer is shown. And, it makes good eating and smart choosing fun! **NEW DIMENSIONS**

HOLIDAY FACTS & FUN: ST. PATRICK'S DAY V0976
 KPI 13 minutes\color 1995
 St. Patrick's Day, celebrated by the Irish and Irish admirers around the world, is shown in all its glory-with parades, dances, and special programs. Students learn that St. Patrick was a wellborn youngster whose father was a Roman official in fourth century England. They also see how an Irish-American family celebrates the holiday today. **UNITED LEARNING**



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CHILDREN'S LITERATURE

DOOBY DOOBY MOO DVD1284
 NKP 10 minutes\color 2007
 When Duck finds out about a talent show at the county fair, he and the animals on the farm start rehearsing. While Farmer Brown tries to figure out what the animals are up to, Duck is determined they will enter the contest and win! Brilliantly narrated by Randy Travis, with music by Scotty Huff and Robert Reynolds. Book by Doreen Cronin. Ages 3-8. **WESTON WOODS**

HOW DO DINOSAURS GET THEIR FOOD? DVD978
 NKP 8 minutes\color 2007
 With methods of eating and manners that are probably all too familiar to children and adults, these mischievous dinosaurs show in a big way that burping, spilling, playing with one's food and outright refusing to eat are not the best ways to enjoy a meal. An entertaining guide to table manners and a good reminder that positive and pleasant mealtime behavior gets the best results. **WESTON WOODS**

I'M DIRTY! DVD1283
 NKP 8 minutes\color 2008
 Meet a backhoe loader reporting for duty and find out just how dirty it can get while doing it's job. Narrated by Steve Buscemi with music by Joel Goodman. Book by Kate and Jim McMullan. Ages 3-7. **WESTON WOODS**

HELEN KELLER V4951
 PI 30 minutes\color 1996
 A childhood fever leaves the very bright Helen Keller deaf and blind. This turns her into an angry, untamed child who often explodes into fits of savage fury. It falls on the spirited shoulders of 21-year-old Anne Sullivan to break into Helen's dark and silent world and end her awful isolation. This dramatic and deeply moving story captures all the humor, pain and ultimate triumph of Anne's quest to help Helen. **NEST**

I CAN DO THAT! - ESTHER MORRIS GETS WOMEN THE VOTE DVD993
 KPI 16 minutes\color 2006
 This is the true story of Esther Morris, who started out life believing she could do anything, and then proved it, building her own business, raising a family in the Wild West, working to get women the vote for the first time, AND becoming the first female judge and the first woman in the US to hold a political office! Narrated by Joan Allen, with music by David Mansfield. Book by Linda White. Ages 6-12. **WESTON WOODS**

ROSA DVD1288
 KPI 14 minutes\color 2007
 On December 1, 1955, Rosa Parks boarded a Montgomery, Alabama city bus and refused to give up her seat to a white man, an act that ignited a movement that changed modern history. This powerful story is brought to life with stirring narration by author Nikki Giovanni. Ages 5-12. **WESTON WOODS**

YOU FORGOT YOUR SKIRT, AMELIA BLOOMER V0910
 KP 12 minutes\color 2001
 This rebellious reformer and early women's rights activist invented bloomers-which liberated women from the dangerous and oppressive clothing of the mid-nineteenth century. Book by Shana Corey. Grades K-3. **SPOKEN ARTS**



ELLA FITZGERALD: THE TALE OF A VOCAL VIRTUOSA V0719
 KP 18 minutes\color 2003
 Told in the voice of a cool cat named Scat, this dramatic story tells how Ella got her sound on the way to a most remarkable and inspiring career. Innovative animation and jazzy narration will resonate with audiences long after the music stops. Book by Andrea Dais Pinkney. Ages 5-9. **WESTON WOODS**

HE'S GOT THE WHOLE WORLD IN HIS HANDS DVD977
 NKP 6 minutes\color 2006
 Through sublime landscapes and warm images of a boy and his family, this adaptation of the beloved folk songs creates a dazzling, intimate interpretation and rejoices in the connectedness of people and nature. Music and vocals by Crystal Taliefero. Book by Kadir Nelson. Ages 3-8. **WESTON WOODS**

